

The Ampfield Messenger



*The Parish Magazine of
St. Mark Ampfield*

February 2026
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www.acnb-church.org

The Parish Church of St Mark, Ampfield

Our vision: To be channels of God's love in the world

Ministry Team

Vicar: Interregnum

Rev. Ann Devereux, Curate Tel: 02380 737617

Mrs. Sally Kerson, Lay Minister and Office Administrator

Tel: 02380 737617

Mr. Jonathan DeVile, Lay Minister Tel: 02380 736522

Beth Robertson, Children and Families Worker

For any enquiries about baptisms, weddings or churchyards please contact the parish office, telephone no: 023 8073 7617

Email us at: office@acnb-church.org

Website: www.acnb-church.org

Facebook: www.facebook.com/acnbchurch/

The office is staffed 9 - 12 noon, Monday, Wednesday & Friday.

Please let us know if you have any news of those who are sick, in trouble, leaving or about to arrive.

Churchwardens: Mr. Mark Braund Tel: 01489 860218

Email: markb@acnb-church.org

Mr. Phil Budden Tel: 07799 435 715

Email: philib@acnb-church.org

Gift Aid Secretary Mrs A Jeffery, Tel: 02380 252865

Email: adriennej@acnb-church.org

Magazine Editor Chris Kerr, Tel: 01794 367104

E-mail: chrisk@acnb-church.org

Advertising Mr. Phil Budden Tel: 07799 435 715

Cheques should be made payable to ACNB PCC

DEADLINE:

The third Friday of each calendar month.

Contributions to this magazine are always welcome, however it may be necessary to edit or shorten articles. Note that the views and opinions expressed in this publication are not necessarily those of the editor or the Parochial Church Council. Advertisements in this publication do not carry the endorsement of the editor or the Parochial Church Council.

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Dear Friends

With Christmas fading in our memories and our new year resolutions not far behind them it can be easy to understand how some people see January as the most difficult of months; long cold nights, credit cards to be cleared, rain and more rain. It can sometimes seem that winter will never end!

Well at least January is now behind us and the evenings are at last getting lighter. We can look ahead to spring with warmer times ahead. Spring flowers are already poking their heads up testing whether or not to carry on in hope that the sun will help them.

Lent is upon us and some will try and give up some pleasures such as chocolate, wine, cakes. Just a reminder that Sundays do not count in the 40 days of lent. There are 46 days from Ash Wednesday to Easter including 6 Sundays. That might give some solace to many!

If we choose to give something up during lent, as in January we committed to those new year resolutions I mentioned earlier, then I'd ask you not to give up on Christ and to remain resolved to keep him in your heart.

Stephen



Weekly service pattern

Sunday Services

	All Saints	St Mark	St Denys	St John
1st Sunday	11:00 Messy Church	09:30 Tidy Church	09:30 BCP Matins or Communion	11:00 Communion or Morning Prayer
2nd Sunday	11:00 Communion	09:30 Communion	09:30 informal Morning Prayer	
3rd Sunday	11:00 Communion	09:30 Communion or Morning prayer	09:30 BCP Matins or Communion	
4th Sunday	11:00 Communion	09:30 Communion		
5th Sunday	11:00 Communion	09:30 Communion		

Midweek Services

When	Where	What
Tuesday, 10:30	St Mark, Ampfield	Small group Communion in St Mark's room, followed by coffee
Wednesday, 19:00	All Saints, North Baddesley	Communion in a peaceful candle lit space in the midst of your busy week



*Need a break from
the hurly burly of life?
St. Mark's is open daily
from 10am - 4pm*

A new Vicar for the Parish



We are in vacancy and do not have a vicar at the moment. Please pray for the churchwardens, area dean, the PCC, our curate and LLMs and all our volunteers as we work through the process of appointing a new vicar. Our churches rely on many people working in unity: almost all voluntarily. Bishop Rhiannon and Archdeacon Jean joined the PCC of Ampfield, Chilworth and North Baddesley (ACNB) in December to talk through the lengthy procedure. We will keep you informed.

We welcome your input

We would love to hear your thoughts on what is important to us as a parish looking forward to the future.

One sentence idea(s) are perfect.

If you have already contributed at Sunday services, thank you. Otherwise please email debbief@acnb-church.org by Sunday night 8th. February.

Candlemas was celebrated at St. Johns and St. Denys this Sunday.

(Candlemas or Christ Presentation in the Temple is 40 days since the birth of Jesus and marks the end of season of Christmas in the church)

This picture of the snowdrops (otherwise known as Candlemas Bells) was taken in St. Marks churchyard



Mrs Chamberlayne Macdonald of Cranbury Park, Otterbourne

Mrs Chamberlayne Macdonald passed away on 15 December 2025. She had been ill for some time. She was Patron of all the Churches in our Benefice for many years, and was very caring and supportive of each church.

Her funeral was held at St Matthew's Church in Otterbourne on 8 January 2026. The packed Church was decorated with lovely flower arrangements and greenery. The service was uplifting with many speakers and beautiful hymns.

I shall always remember the wonderful Burns Suppers which took place at Cranbury Park. These were large gatherings held in the ballroom. Mrs Chamberlayne Macdonald invited members of all the Churches as well as other organisations. They were such happy occasions with the haggis being piped in, and included a huge raffle and a wonderful sing-song after the meal. Also, she would often lead a tour of the house and would regale us with stories about the house. She will be sadly missed.

Jennie



Dame Sarah Mulally confirmed as the new Archbishop of Canterbury

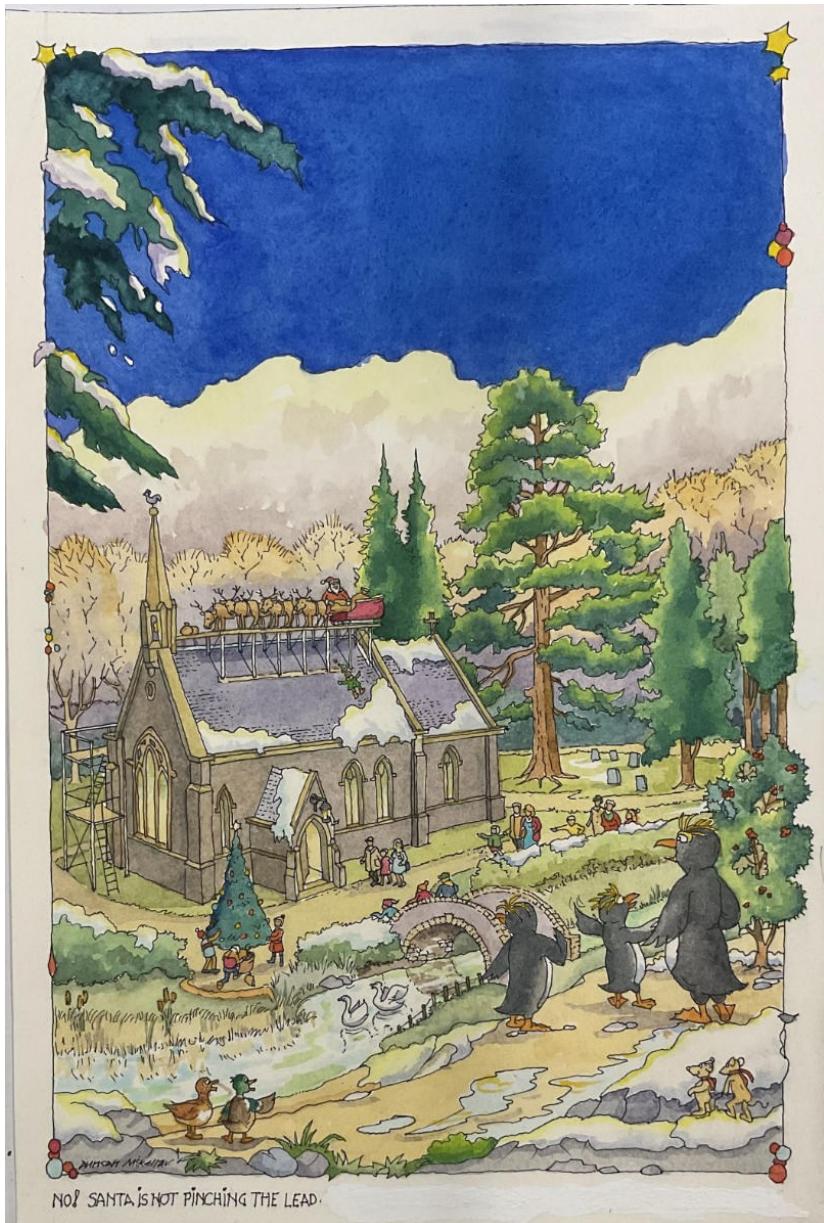


The 28th January was an historic day in the Church of England as Dame Sarah Mulally was confirmed as the new Archbishop of Canterbury. All three of our bishops were at St Paul's Cathedral to support and pray for her, with Bishop Philip taking part in the service. Speaking about her hopes and priorities for her ministry as the 106th Archbishop of Canterbury, she shared, "In this country and around the world, Anglican churches bring healing and hope to their communities. With God's help, I will seek to guide Christ's flock with calmness, consistency and compassion."



Weekly Newsletter





NO! SANTA IS NOT PINCHING THE LEAD.

We've been having some work done on the roof at St Mark's in Ampfield... It gave our architect, Duncan McKellar, inspiration for this wonderful Christmas card. Thanks, Duncan.

Castaway of the Month



We listen to lots of music in our house and I have always enjoyed music growing up, it plays in our house most of the time. My husband Dale listens to a huge variety of music, but we have a shared love of rock, and the amount we listen to pop music is 'on the up' with our daughter Erin enjoying her music too.

You Win again by the Bee Gees.

This song brings back fun memories of my older sisters, myself and our Dad in the kitchen, with hairbrushes as microphones. We even had a dance routine to go with the song!



Gold by Spandau Ballet.

This song reminds me of my dear friend Claire, who I am still really great friends with now and our daughters are wonderful friends too. We last danced together to this song at my 40th birthday party, and we had as much fun then as 20 years previously.

So Far Away by Dire Straits

When I was 26 I met my husband. He was in England on holiday and I met him through a colleague from work. Dale and I got on very well, but he

obviously had to go home to Cape Town, South Africa. We did however keep a long distance relationship going for 4 years, with me visiting Cape Town 14 times, and Dale coming back here too! The song that reminds me of travelling back home to England, after visits to South Africa, is So Far Away by Dire Straits. We married in April 2011 in Cape Town.



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I'm Yours by Jason Mraz

On our wedding day Dale and I enjoyed lots of music, much chosen by him, but one of my favorites from that day was I'm Yours by Jason Mraz. The tune is really up-beat and relaxed, just how we hoped our wedding celebration would be with our friends and family



The Reason by Hoobasyank.

My next choice of song to take with me to my desert island is The Reason by Hoobasyank. This is such a magnificent love song, with wonderful, thought-provoking lyrics. This is a song that both Dale and I adore and it means such a great deal to both of us.

Shake it Off by Taylor Swift

The next two songs I have chosen are so very important to me because of our daughter, Erin. She has brought so much fun to our lives. Erin and I can often be caught singing and dancing. Erin is a real 'Swifty', so we hear lots of Taylor Swift music in the house and car. I can't help but sing-a-long. Therefore, my sixth song is Shake it Off by Taylor Swift as Erin knows the dance moves, and I very much pretend to know the dance moves!



Stargazing by Myles Smith

This is one of my favourites at the moment because this month Erin is going to be singing at the O2 in London with Young Voices! Dale and I are so incredibly proud of her and cannot wait to go and watch her. One of the songs they will be singing is Stargazing by Myles Smith. It's wonderful to hear Erin practicing her singing at home, and this is one I really love to hear her sing.

Cont. ...

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Cornerstone by Hillsong Worship

My last choice really affirms the faith I have in Jesus, and the love he has for me. With Jesus as the cornerstone in my life I will always have a strength that comes from within and enables me to manage and cope with many challenges that I face throughout life.

During my teenage years I thoroughly enjoyed reading autobiographies. A favorite author of mine was Dave Pelzer, where he tells of his sad upbringing in A Child called 'It', The Lost Boy and A Man named Dave.

My reading adventures more recently have been centred around enjoying books with Erin. We often re-visit Julia Donaldson favourites: Stick Man, The Snail and the Whale, Room on the Broom and The Smeds and the Smoos. What could be better?!

I can't really call this a luxury item, more of an essential item for me, but I absolutely should include my insulin pump! If I couldn't take this with me to this wonderful desert island, then I wouldn't be much use at all. I was diagnosed with type 1 diabetes on 1st April 1982 when I was just six months old. I was eventually offered the opportunity to go onto an insulin pump in 2015, which I grabbed with both hands.

So yes, my insulin pump really ought to be my luxury item, but if I get a 'real luxury item' then I would take a puzzle book as I really enjoy wordsearches and sudoku.

Beth



Thank you Beth. If you would like to share your favourite music with our readers, please email me at cl.kerr@hotmail.com and I will send you our guidelines.

Chris

Fundraising Lead needed for St Mark's Room remodelling



We are planning a major refurbishment of St Mark's Room in summer 2026, improving the insulation in both the floor and the roof, replacing the windows with triple glazing, upgrading the heating to an air-source heat pump, and installing new LED lighting. All this will make the room a much more desirable and sustainable space for the community to use. This is funded by a 50% grant from Test Valley, matched by many fundraising events & some significant personal donations.

We also plan to repair and widen the church track, and raise it locally to remove the first step at the main door. This will also replace the damaged bollards with user friendly ones not permanently in a puddle.

Now we want to make St Mark's Room more accessible, and to link it to the woodland outside which is a beautiful space that enhances wellbeing. To achieve this we want to create:

1. New double doors opening out to a terrace with ramps and wheelchair friendly access track to car parking areas.
2. New disabled toilet and enlarged kitchen.
3. Ramps inside the church to allow wheelchair access throughout the building.

We hope in a later phase to build a labyrinth beside the terrace to allow people to explore meaning and purpose in their lives; labyrinths are used extensively in hospitals and hospices as an aid to wellbeing and mental health.

This would be a valuable resource for the people of Ampfield and nearby. Funding for one or more of the pieces of work is likely to be available provided it is done in summer 2027.

But to get the funding, we will need to raise a lot of money! Our share would be approximately this:

1. Disabled toilet and enlarged kitchen	£35k
2. Double doors, terrace and access track	£25k
3. Ramps inside the church	£8k

***If we can't raise this money we can't improve St Mark's Room
Could you be the person to lead our fundraising effort?***



**Join us for Lent Lunch
at
St Mark's Ampfield**

**Ash Wednesday
18th February 2026**

*Join us for a light lunch of home made soup,
bread & cheese and fruit*

*Come any time between 12noon and 2pm
St. Mark's Room*

*Donations will go to Romsey Foodbank and
The Winchester Beacon (Night Shelter)*

**Just turn up, or for more details phone
Chris: 01794 367104**



Lent with the Church of England

This year's reflections, start on **Wednesday 18 February**. The Church of England's Lent theme for 2026 is

Draw Near: Life-giving habits for Lent.

During Lent, reflections are centred around a summary of the Christian Way from *Common Worship*, which identifies six activities essential to our calling as disciples.

Each week a different contributor explores a different aspect of Christian discipleship – **worshipping** together, **praying**, **exploring the Bible**, sharing **communion**, offering **service** and **sharing the good news** with others.

Sign up for free daily Lent reflection emails (except Sundays) straight to your inbox from Ash Wednesday (14 February) to Easter Day (31 March).

You can also purchase print booklets of the reflections or find out more about the Archbishop of Canterbury's Lent Book 2024 which inspired this year's reflections.

<https://www.churchofengland.org/faith-life/what-we-believe/lent-holy-week-and-easter/watch-and-pray-lent-reflections>

NOTES FROM A SOUTH DEVON CATTLE FARM

Many apologies for my tardy follow-up to last year's exciting TB testing. Much has happened on the farm since then and time just seems to disappear. The TB results inspection was just 7 days after the initial injections - this required the vet to check all 275 cows again but this time just measuring the size of any lumps that may have appeared at the test sites on their necks.

The main problem was their reluctance to go back into the race-; when they were there a week ago they were shaved and injected which they really didn't like and so now kept running in the wrong direction when it was their turn! We finally got them all through and thank goodness all were clear - phew.

The next task was to let them loose for their summer grazing and quite frankly this is when all the fun starts. We were to let them out in each field in groups of 35-40. This meant two or three people armed with short lengths of blue plastic water pipe walking to the furthest extremity of the field ready to wave their arms in the air as soon as the gates were opened.

Bearing in mind that the cows had been kept inside for the past 4 months they were more than keen to charge en-mass from one side of the field to the other where we were standing. Our job was to stop them crashing through the fence to the next field. Absolutely terrifying the first time you do it - but we survived.

Cont. ...

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Last summer was a poor season for growing grass due to the extremes of weather which has meant that there may not be enough fodder to get them through this winter. As a result the cows were left out and not taken in until after Christmas which was a bonus for us as we love to seem out and free.

Finally, one other bonus for us was to see the new arrival :-



Though I suspect the farmer was not so happy as all of the cows he brought in were supposed to be neutered !!

Pip Pip **Martyn**

“Consider how hard it is to change yourself and you’ll understand what little chance you have of trying to change others.” *Arnold Glasgow*

“Socialism never took root in America because the poor see themselves not as the exploited proletariat, but as temporarily embarrassed millionaires” *John Steinbeck*

Parish News

Ampfield

Curate Ann's new appointment

We wish to congratulate Ann on her appointment as assistant priest at the Church of St. Peter and St. Paul in Stockbridge. Ann will start her new job in July. In the meantime, we are grateful to her for all she does for us, and for delaying her move to help us during the testing time of an interregnum. The good news is that she will only be down the road!



Friends of St. Mark's

After an eventful year of activity in 2025 where we raised over £2,750 The Friends of St Mark's are kicking off the new year with a planning meeting on **5th February**. We've already got a couple of events for consideration; a wine tasting probably on **Friday 27th March** and a Gospel Choir confirmed for **Saturday 26th April**. There'll be coffee mornings and quiz nights to follow. Watch this space!!

Steven

The Children's Society

A very big thank you to my Children's Society box holders for all your kind donations. All boxes and donations are in and I have been able to bank **£533.55**. Thank you everyone for your amazing continued support. Bless you

Heather

St. Mark's stall at the Ampfield Market

For March and April only we plan to sell pre-loved clothes again. Now's the time to get those summer clothes out of storage! Chris and Pam will be happy to collect any you wish to donate.

Parish News

Ampfield

Minnows



The Minnows have started the new year with busy sessions, with both new faces and familiar ones, and some we know have moved on to preschool. We're excited that we've been going for a year which we're going to celebrate on 26th Feb with a cake!



Friends for Lunch



A wonderful Christmas Lunch was enjoyed by our diners in December. Thank you to Ron who dressed up as Father Christmas! At our January lunch we enjoyed Clare's beef casserole and Victoria's Bakewell Tart — not a scrap left over! To book a place for February's lunch on Wednesday 18th February please contact Pam :
Tel. 02380 411146
or Email - pamm@acnb-church.org
to book your place.



Parish News

Forest Church

We are delighted that Forest Church is now entering its third year and has been a very successful way for people to explore faith in an relaxed and informal way, physically connecting with nature. It has been lovely seeing people of all ages come together not only from our own parish but from other areas. The beautiful surroundings of St. Mark's church make it a wonderful area for these services as there is always plenty to see and do. We have been very fortunate with the weather so far with only the October service being interrupted by heavy rain.



So far we have planned two Forest Church Services for 2026:

Sunday 22nd March 2026:
and **Sunday 24th May 2026:**

Theme 'New Life'
Theme 'Bees'



Forest Church starts at 3pm on a Sunday afternoon and usually lasts for about an hour, there are refreshments and of course plenty of fun, so if you haven't been able to join us yet please consider doing so.

Ann, Beth, Cilla and Sally

ST MARK'S MINNOWS

FUN AND FRIENDLY
BABY AND TODDLER GROUP!



TERM TIME THURSDAYS

9.30 - 11AM

COFFEE ON FROM 9.15!



Parish News

Church Cleaning

If anyone would like to help with cleaning the Church (taking it in turns on our monthly rota) that would be very helpful. It is best to do this in pairs to be safe, and does not take very long to hoover, sweep, and dust! If you would like to offer or chat about this please contact Jennie Edwards (Tel: 02380 365041; Email: jenniee@acnb-church.org).

Thank you so much.

Jennie



All Saints

Church Roof - Funding Application Support Request - Please can you help?

All Saints Church complex is an ever-growing hub for community activities within North Baddesley and we have put considerable effort into improving the facilities we offer the whole community. So far we have created accessible access through the building, an accessible toilet in the hall and a new quiet meeting room and kitchen. In addition we have improved our energy efficiency by replacing the original single glazed windows with double glazing. Unfortunately our 1960's roof is suffering from water ingress and needs urgent repairs and remedial work to ensure the building's ongoing viability. We would also like to install additional insulation in the roof interior to further improve our energy efficiency and create a warmer and more welcoming space. It would help us in our bid for funding from the local council if you could send an email agreeing with this statement, and saying how you use our church facilities. Please respond to office@acnb-church.org Many thanks to those who have already responded your support is much appreciated.

The Open Teapot

We are delighted to announce that as the result of a grant from Hampshire County Council awarded to the Memory Box Foundation, this monthly tea can now continue for at least another year. The next [Open Teapot](#) will take place on Sunday 8th February when Kayte will be talking about holidays here and abroad. So do join us at 2.15 pm as we share memories together. **Sally**

Parish News

Children and Families Work in December 2025

We had a very busy time in December across the parish, but SO much fun!

We had a wonderful Messy Christingle session at All Saints at the beginning of December. We welcomed 65 people to make a Christingle and celebrate the Christmas period with us.



On Friday 19th December we had a special session at Sunshine Saints. Children and their adults enjoyed Christmas crafts, play, a wonderful array of party food and a fantastic visit from Father Christmas himself!



On Christmas Eve, at St Mark's Church, we welcomed people for a Crib and Christingle Service. Children dressed up in costumes from the crib scene and took part in the nativity scene in church. Adults and children made Christingles in the pews and the sweets were thoroughly enjoyed by everyone!

Beth



Friends of Chapel Wood by Graham Roads

First things first, a very Happy New Year to everyone.



On balance, 2025 was a good year for the Friends of Chapel Wood. The Friends are pleased with the progress we have made on a number of fronts - particularly the area to the west of St. Mark's Church, where we have made good progress in clearing the rhododendron roots and opening up views of the pond area. The bulbs we planted seem to be taking a while for signs of growth to appear but, recently, there has been evidence of

snowdrops, and hopefully more will follow. It can take a while for bulbs to dig and spread and, if needs be, we can plant a few more, 'in the green', perhaps.

Over the next few months, we are hoping to plant some understory trees on this general area. These will help create further plant diversity as well as provide more points of interest through the year. Another area that needs urgent attention is the network of signposts, which mark the official footpaths through the wood. The existing posts have been in a while and are beginning to display signs of wear. We hope to start replacing these in the Spring.

Cont. ...



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Our last couple of meetings have been adversely affected by the weather, particularly our December meeting. We had planned to remove the remaining rhododendron roots in the area we are clearing to the west of St. Mark's, unfortunately, the weather was against us. It was during that very cold spell, and the ground was like iron. It was impossible to get any tools into it.

Happily, we were able to take this opportunity to blow away many of the leaves which had fallen on our freshly sown bulbs and plants. With a bit of luck, this should encourage growth as the weather warms and the days become longer. With our health and safety hats on, we also managed to blow most of those which had fallen on the boardwalk areas. These were becoming very slippery as alternating rain and ice combined with decaying plant material to create something close to a skating rink.



If you fancy the idea of joining some like-minded neighbours for a few hours once a month, just turn up in the St. Mark's car park at 09:45 on the second Saturday of every month. The Friends are a good bunch. Tools are provided. It is a good way to have a bit of fun and help our community at the same time

Graham



Ampfield Art Class Gallery



Village storm clouds - Nick,
watercolour.



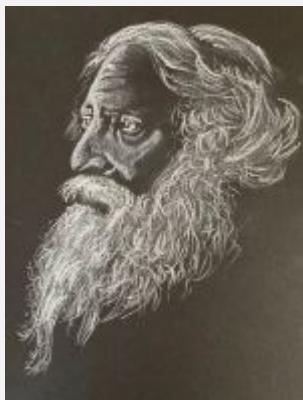
Manor Farm, Dorset - Nick,
watercolour.



Snowdrops - Alison , watercolour.



Spring greeting - Graham, pen
and ink.



Old Man - David, pencil.

Ampfield Art Class Gallery



Autumn Colours - Sharon, acrylics



Bonfire - Alison, watercolour.



Salisbury Cathedral - Nick,
watercolour.



Snakes Head Fritillary -
Carol , watercolour.



Sad - David, pencil.

**Julie Trotter's Art Class
takes place on
Thursday afternoons
from 2-4pm at the
Village Hall**

Prayer for Uninteresting Times

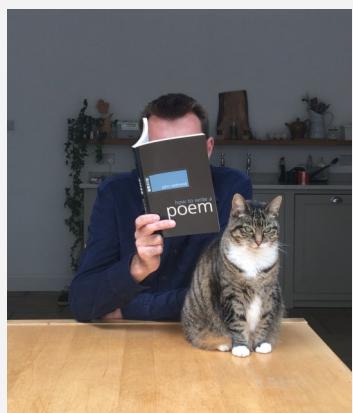
by Brian Bilston

Send me a slow news day,
a quiet, subdued day,
in which nothing much happens of note,
save for the passing of time,
the consumption of wine,
and a re-run of *Murder, She Wrote*.

Grant me a no news day,
a spare-me-your-views day,
in which nothing much happens at all,
except a few hours together
some regional weather,
a day we can barely recall.

*With thanks to Brian Bilston for allowing us to use
this poem*

*Brian's Autumn 2026 tour
How to Lay an Egg with a Horse Inside
Will be at the Guildhall in Winchester on the
26th. September at 7.30pm.*



**The
Ampfield Market
(Established in 2000, now in its 26th year !)**

**will take place
on**

**Saturday 7th February
From 10am to 12noon
in Ampfield Village Hall
(SO51 9BJ)**

Our Market has a great reputation, we regularly sell fresh fruit and veg supplied by Hansards in Awbridge and delicious bread and cakes supplied by Matts Bakery. Honey, preserves, plants and fresh flowers. Cards, wrapping paper and books. Collectables, unusual crafts and jewellery. Clothes, toys and puzzles. Bric a brac, seasonal treats and much, much more !

**We serve fresh coffee and a wonderful selection of
cakes throughout the morning.**

**Come along with friends and family to enjoy this
special monthly community event.**

Parking and admission are always FREE.

All proceeds support the Village Hall. Registered charity no. 1057353
Contact Julie on 023 80254587 or Julie@ampfield.org.uk for table bookings etc.

Next date. Saturday March 7th 2026

What's on in the Parish every week

St. Mark's

St. Mark's Minnows

Thursdays Term-time in St. Mark's Room 9.30 - 11am

All Welcome! Kettle's on from 9.15.

St. Mark's Fridge Magnets and cards

Jennie has made cards and fridge magnets with a picture of Ampfield Church - £1.50 for a card, or £5 for 4 cards, and £2 for a fridge magnet. Available to buy at Ampfield Market or in church.



All Saints

Digital Hub - All Saints: Wednesdays 10.30am - 12 noon

We have expanded Wednesday mornings to include some support for those who have laptops, tablets or phones and need a little extra help on how to use them. If you need any advice then please bring them along and hopefully we can be of help.

Social Hub - Wednesdays at All Saints 10am - 12 noon

Have a go at some crafts, do jigsaws or just relax with a book that has been borrowed from the Community Library (also open on a Wednesday morning) or just sit and chat. Free drinks and biscuits and sometimes other treats!

Welcome Cafe at All Saints Thursdays at 10am

The café is for any and everyone in the community to come and meet friends for a catch-up and enjoy great coffee. We particularly welcome those who find themselves lonely or bereaved.

Sunshine Saints

Fri: 10:00am - 11.30am at All Saints (term-time only)

Sunshine Saints is the toddler and baby group. It is an opportunity for the children to have fun playing together. There are snacks for the children and tea and coffee for those who accompany them, suggested donation: £2.

What's on in the Parish every month

St. Mark's

Friends for Lunch

please contact Pam on :
Tel. 02380 411146 or Email - pamm@acnb-church.org to book your place.

St. Mark's Stall at the Ampfield Market

If you have anything to donate, please contact Chris on 01794 367104.
We are happy to collect. Thank you for your support!

Pam and Chris

Pilgrim Course -

This is an opportunity to ask questions about faith. Our ethos is that we are exploring together, and there are no wrong answers - all are welcome to this relaxed and friendly group. Do get in touch if you would like more information.

ST MARK'S FLOWER ROTA 2026

JANUARY JENNIE

FEBRUARY CHRIS (until beginning of Lent)

MARCH LENT NO FLOWERS

APRIL JEAN

Easter (Easter Day 5 April).

Extra arrangements welcome

MAY DIANE

JUNE SALLY

JULY SALLY

AUGUST JENNIE

SEPTEMBER CHRIS

OCTOBER JEAN

Extra Harvest arrangements welcome

NOVEMBER DIANE (*Greeneries during Advent*)

DECEMBER JENNIE

Greeneries until Christmas

Extra Christmas arrangements welcome



Any queries, please contact Jennie on 07880317696

WHAT'S ON IN THE AMPFIELD VILLAGE HALL

Spring 2026 - JOIN IN ONE!

MONDAYS

PILATES WITH HANNAH – Two sessions in the morning. 9.15am to 10.20am & 10.30am to 11.35am. Mixed ability mat class. Details at www.pilateswithaplomb.com

AMPFIELD PARISH COUNCIL regularly meet on a Monday evening for their ordinary meetings, planning meetings and other meetings.

NB. NEW WEBSITE ADDRESS www.ampfieldparish.gov.uk

TUESDAYS

AMPFIELD BRIDGE CLUB is a very popular club playing friendly duplicate bridge. It meets every Tuesday evening (except at Xmas time) from 7pm to 10pm. If you require a partner or want more information contact Mel Cook on 07889 689302 or email melcook@sky.com New members always welcome.

WEDNESDAYS

NEW CLASS! YOGA MORNING with Yoga by Gaynor – 10.00 to

11am for details see Friday below

1st AMPFIELD BROWNIES meet every Wed. evening during term time. 6pm to 7.30pm Tel. Sue Moore 01794 523947

ROMSEY MODELLERS Build model kits? Want to get more from your hobby? Join this club on the 1st and 3rd. Wed. of each month 8pm to 10pm.

www.romseymodellers.co.uk

THURSDAYS

YOGA MORNING with Diana Craven. Diana is back with her regular class. 9.45 - 11.00 am. E-mail address for further details cravendiana18@gmail.com

AMPFIELD ART GROUP meets Thurs. afternoons during term time 2pm to 4pm. Very friendly atmosphere. Beginners and those wishing to develop their skills welcome. Contact email: Julie@ampfield.org.uk

PILATES WITH HANNAH PLOMB - TWO SESSIONS. 6.15 to 7.20pm (improvers and Intermediate) & **EXTRA CLASS:** 7.30 to 8.35pm (Beginners). Mat classes. For details: see Monday above.

FRIDAYS

YOGA ON FRIDAY MORNINGS with YogaByGaynor 9.30 to 10.30am All levels, Gentle, Vinyasa Flow Yoga. All welcome. Facebook: @yogaByGaynor OR Email: yogabygaynor@yahoo.com

Cont. ...

...Cont.

WHAT'S ON IN THE AMPFIELD VILLAGE HALL

SATURDAYS

VILLAGE MARKET (IN ITS 26th YEAR!) First Saturday of every month 10-12noon (except Jan. and Aug.). Entry free. Regularly on sale are fresh bread, rolls, jams, chutneys and pickles, cakes, plants and fresh flowers, cards, books, antiques, unusual crafts, jewellery, toys, seasonal surprises, bric a brac etc. Fresh coffee and delicious cakes are served all morning in the Garden Room. Interested in renting a table? Ring Julie on 02380 254587 or email Julie@ampfield.org.uk. This is a great event to meet up with people.

CARD MAKING WORKSHOP WITH VANESSA. A range of crafts taught, meets monthly, normally on the second Saturday of each month from 10am to 4pm. A very relaxed day and delicious coffee provided. Details from Vanessa 01794 515490 or email Ampfieldcards@gmail.com .

SUNDAYS

SEWING SUNDAYS WITH MICHELLE. Small group of crafters, who meet once a month on a Sunday. Open to all who want to bring along their dressmaking, knitting or other textile projects. If interested email Michelle michelleewaters@gmail.com Friendly group, offers advice, help pinning and fitting toiles + natter & cuppa

WEEKENDS: THE ORTHODOX PARISH OF St. SILOUAN of Mt. ATHOS now normally hold their services here **every 1st weekend of the month**. For details see their **new** website www.silouan-soton.org or ring 07518 417052 (English & Russian). A friendly non-political church. All welcome!

For general enquiries and hall bookings tel. Martin Hatley 07970 501050 Or visit our website: www.ampfieldvillagehall.org.uk

Or E mail: info@ampfieldvillagehall.org.uk

DIARY DATES:

*The next POPULAR FUN QUIZ NIGHT is on
FRIDAY MARCH 20th 7.30pm.
in the Village Hall £5 per entrant Inc. bar snacks.
Book a place or table now & pay on the night.*



A Prayer for the start of Lent

Lord, as we enter our Lenten journey,
guide us on the path that leads to you.

Fill our hearts with gratitude, patience, strength and
peace.

Help us to grow closer to you this Lent through the
practice of prayer.

In your name we pray.

Amen



CONTRIBUTIONS and CONTENT

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